

# Research Brief 174: Gene–environment Interactions: PCB Exposures and Adverse Effects on Pregnancy

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## Background

Epidemiologic studies have linked prenatal exposure to polychlorinated biphenyls (PCBs) with adverse neurobehavioral, immunologic, and reproductive effects. While there is substantial evidence that PCBs can interfere with both aryl hydrocarbon receptor and estrogen receptor signaling pathways, our understanding of the molecular mechanisms underlying the effects of prenatal PCB exposures is limited.

As part of the SBRP at Brown University, Dr. Surendra Sharma leads a research team working to identify pathways and targets related to adverse effects on pregnancy following maternal PCB exposure. The group is studying the effects of PCB exposures on the immune and hormonal responses during pregnancy that control the anti-inflammatory intrauterine environment, which is crucial to fetal development and pregnancy success.

## Advances

The Sharma group developed an experimental system to evaluate *in utero* gene–environment effects of PCB exposures. They compare pregnancy outcomes of wild type mice to those in a mouse knockout (KO) strain lacking interleukin-10 (IL-10), an anti-inflammatory cytokine involved in regulation of inflammation, immunity, and development of blood cells. IL-10 has been shown to be produced at the maternal–fetal interface in both humans and mice. They learned that low dose exposures to inflammatory triggers, such as lipopolysaccharide, resulted in higher rates of preterm births in IL-10 KO mice than wild type mice. This effect was reversed by treatment of the KO mice with IL-10. These findings suggest that inflammatory responses, coupled with genetic stress (IL-10 deficiency), may lead to adverse pregnancy outcomes.

The researchers conducted a complex series of experiments designed to quantify the effects of PCB exposure and investigate the effects at the organ, tissue, and molecular levels. They exposed pregnant wild type and IL-10 KO mice to Aroclor 1254, a mixture of more than 100 structurally distinct PCBs. In the treated IL-10 KO mice, multiple adverse effects were observed:

- Preterm delivery
- Reduced litter size
- Reduced placental weight
- Reduced fetal weight
- Neurocognitive abnormalities in offspring

The treated IL-10 KO mice also had a 2-fold increase in amniotic fluid. The Sharma group believed that this combination of effects pointed to mechanisms related to angiogenesis (growth of blood vessels). This led them to investigate aquaporins (proteins that allow the passage of water across cell membranes), specifically AQ-1, as targets of Aroclor 1254. They conducted *in vivo* studies in mice and *in vitro* studies with human cell lines to verify that Aroclor 1254 exposure suppresses AQ-1 expression, disrupting angiogenic processes at the maternal–fetal interface.

The researchers also found that administering IL-10 to the KO mice prevented not only the adverse effects on pregnancy outcomes, but also prevented neuromotor defects in offspring. A US patent application has been filed on the “Use of Interleukin-10 (IL-10) as an Anti-toxicant Cytokine”.

There is strong epidemiologic support for this research. Although controversial, several reports provided evidence that pregnant women living close to the World Trade Center (WTC) disaster area experienced high incidence of low birth weight and small for gestational age deliveries. Analysis of WTC dust clouds detected high levels of several toxicants including PCBs.

## Significance:

Dr. Sharma's research team found that AQ-1 is a novel "*in utero*" target of PCBs. This work provides the first evidence for a complex interaction between genetic stress, PCB exposure, Aquaporin 1 expression, and angiogenesis, and its importance at the maternal-fetal interface. Dr. Sharma believes that this finding is important in consideration of the fact that the environmental levels of PCBs have not declined and these toxicants remain serious health risks, particularly in genetically stressed individuals.

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## To learn more about this research, please refer to the following sources:

Tewari,N., S. Kalkunte, D. W. Murray, and S. Sharma. IN PRESS. The water channel aquaporin 1 is a novel molecular target of polychlorinated biphenyls for *in utero* anomalies. *Journal of Biological Chemistry*. Available at: <http://www.jbc.org/cgi/content/abstract/M808892200v1>