Why I got my COVID shot (twice) and Why you should too

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Keeping us safe

WHY YOU SHOULD GET THIS VACCINE TOO
COVID-19 Risk among front-line HCW

- Over 2.8 million enrolled in this study – March/April 2020
- 3-fold increase in chance to test positive among frontline healthcare personnel
- If PPE supplies were inadequate, almost 6-fold increase
- Inadequate access to PPE was noted among minority HCW

Nguyen et al. Lancet Public Health 2020
<table>
<thead>
<tr>
<th>Mode/Surface</th>
<th>Viability (hours)</th>
<th>Half-Life (hours)</th>
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</thead>
<tbody>
<tr>
<td>Aerosol/droplet</td>
<td>Up to 3 hours</td>
<td>1.1-1.2 hours</td>
</tr>
<tr>
<td>Stainless steel</td>
<td>48-72 hours</td>
<td>5.6 hours</td>
</tr>
<tr>
<td>Plastic</td>
<td>48-72 hours</td>
<td>6.8 hours</td>
</tr>
<tr>
<td>Cardboard</td>
<td>Up to 24 hours</td>
<td>3.5 hours</td>
</tr>
<tr>
<td>Copper</td>
<td>4 hours</td>
<td>0.7 hours</td>
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</tbody>
</table>

Van Doremalen et al. NEJM 2020
CORONAVIRUS
STAY HOME
SAVE LIVES

THE NEW VARIANT
OF COVID-19
IS SPREADING FAST.

STAY HOME • PROTECT THE NHS • SAVE LIVES

Mike Kemp/Getty Images

Department of Emergency Medicine
Even Mild COVID Can Leave 'Long-Haul' Illness

By Amy Norton

HealthDay Reporter