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Why I got my COVID shot (twice) and Why you should too

Alexander Isakov, MD, MPH
Professor of Emergency Medicine



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Keeping us safe



WHY YOU SHOULD GET THIS VACCINE TOO



COVID-19 Risk among front-line HCW

- Over 2.8 million enrolled in this study – March/April 2020
- 3-fold increase in chance to test positive among frontline healthcare personnel
- If PPE supplies were inadequate, almost 6-fold increase
- Inadequate access to PPE was noted among minority HCW



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Covid
ActNow

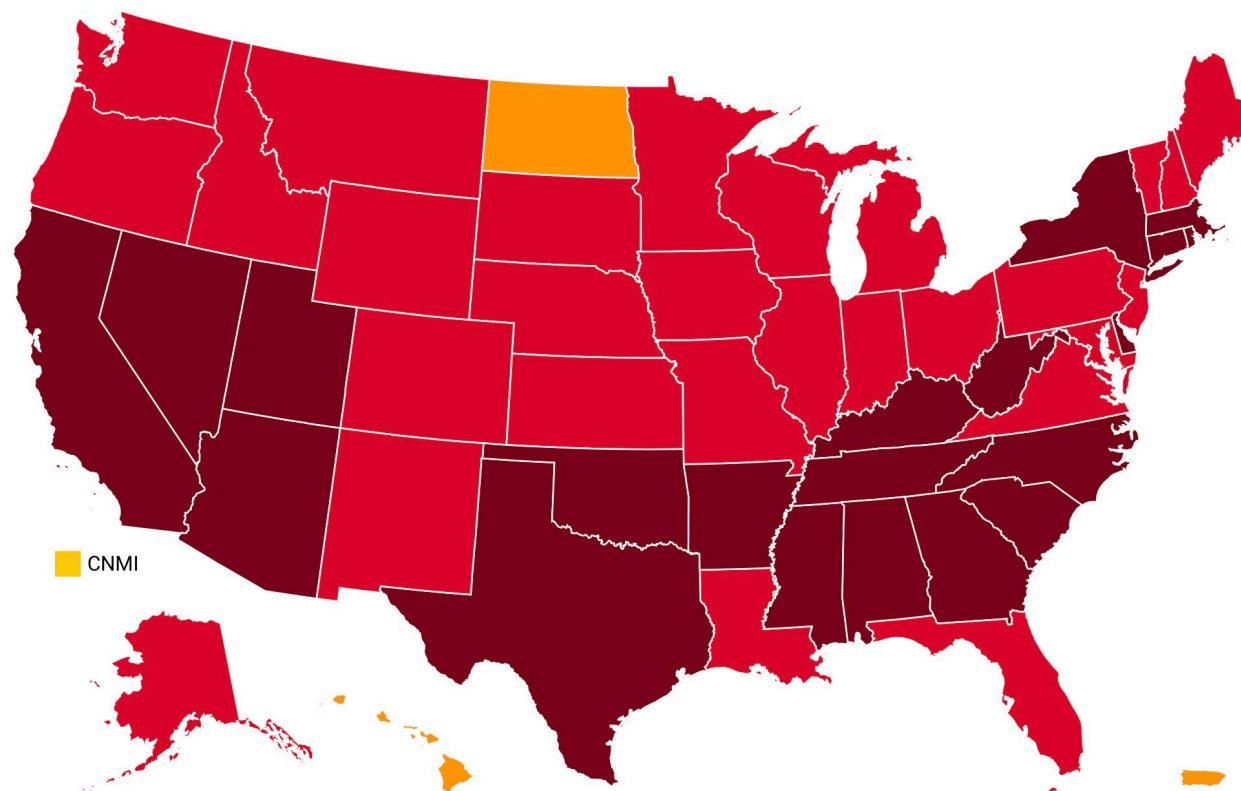
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RISK LEVELS

- Severe outbreak
- Active outbreak
- At risk of outbreak
- Slow disease growth
- On track for containment








CNMI

Covidactnow.org



COVID-19 Stability

	Mode/Surface	Viability (hours)	Half-Life (hours)
	Aerosol/droplet	Up to 3 hours	1.1-1.2 hours
	Stainless steel	48-72 hours	5.6 hours
	Plastic	48-72 hours	6.8 hours
	Cardboard	Up to 24 hours	3.5 hours
	Copper	4 hours	0.7 hours



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Even Mild COVID Can Leave 'Long-Haul' Illness



By Amy Norton

HealthDay Reporter



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